

# GOJU RYU

SD = Sanchin-Dachi    ZkD = Zenkutsu-Dachi    ShD = Shiko-Dachi    ND = Neko-Ashi-Dachi    ☉ = Kiai

## TAIKYOKU JODAN ICHI:

SD: Age Uke → SD: Jodan Oizuki →  
SD: Age Uke → SD: Jodan Oizuki →  
SD: Age Uke → SD: Jodan Oizuki (3x) ☉ →  
SD: Age Uke → SD: Jodan Oizuki →  
SD: Age Uke → SD: Jodan Oizuki →  
SD: Age Uke → SD: Jodan Oizuki (3x) ☉ →  
SD: Age Uke → SD: Jodan Oizuki →  
SD: Age Uke



## TAIKYOKU JODAN NI:

SD: Age Uke → ZkD: Jodan Oizuki →  
SD: Age Uke → ZkD: Jodan Oizuki →  
SD: Age Uke → ZkD: Jodan Oizuki (3x) ☉ →  
SD: Age Uke → ZkD: Jodan Oizuki →  
SD: Age Uke → ZkD: Jodan Oizuki →  
SD: Age Uke → ZkD: Jodan Oizuki (3x) ☉ →  
SD: Age Uke → ZkD: Jodan Oizuki →  
SD: Age Uke

## TAIKYOKU CHUDAN ICHI:

SD: Yoko Uke → SD: Chudan Oizuki →  
SD: Yoko Uke → SD: Chudan Oizuki →  
SD: Yoko Uke → SD: Chudan Oizuki (3x) ☉ →  
SD: Yoko Uke → SD: Chudan Oizuki →  
SD: Yoko Uke → SD: Chudan Oizuki →  
SD: Yoko Uke → SD: Chudan Oizuki (3x) ☉ →  
SD: Yoko Uke → SD: Chudan Oizuki →  
SD: Yoko Uke

## TAIKYOKU CHUDAN NI:

SD: Yoko Uke → ZkD: Chudan Oizuki →  
SD: Yoko Uke → ZkD: Chudan Oizuki →  
SD: Yoko Uke → ZkD: Chudan Oizuki (3x) ☉ →  
SD: Yoko Uke → ZkD: Chudan Oizuki →  
SD: Yoko Uke → ZkD: Chudan Oizuki →  
SD: Yoko Uke → ZkD: Chudan Oizuki (3x) ☉ →  
SD: Yoko Uke → ZkD: Chudan Oizuki →  
SD: Yoko Uke

## TAIKYOKU GEDAN ICHI:

ShD: (45 Grad): Harai Otoshi Uke → ShD (45 Grad): Chudan Oizuki →  
ShD: (45 Grad): Harai Otoshi Uke → ShD (45 Grad): Chudan Oizuki →  
ShD: (45 Grad): Harai Otoshi Uke → ShD (45 Grad): Chudan Oizuki (3x) ☉ →  
ShD: (45 Grad): Harai Otoshi Uke → ShD (45 Grad): Chudan Oizuki →  
ShD: (45 Grad): Harai Otoshi Uke → ShD (45 Grad): Chudan Oizuki →  
ShD: (45 Grad): Harai Otoshi Uke → ShD (45 Grad): Chudan Oizuki (3x) ☉ →  
ShD: (45 Grad): Harai Otoshi Uke → ShD (45 Grad): Chudan Oizuki →  
ShD: (45 Grad): Harai Otoshi Uke

## TAIKYOKU GEDAN NI:

ShD: (45 Grad):Harai Otoshi Uke → ShD (90 Grad): Chudan Oizuki →  
 ShD:(45 Grad):Harai Otoshi Uke → ShD (90 Grad): Chudan Oizuki →  
 ShD: (45 Grad):Harai Otoshi Uke → ShD (90 Grad): Chudan Oizuki (3x) ☺ →  
 ShD: (45 Grad):Harai Otoshi Uke → ShD (90 Grad): Chudan Oizuki →  
 ShD: (45 Grad):Harai Otoshi Uke → ShD (90 Grad): Chudan Oizuki →  
 ShD: (45 Grad):Harai Otoshi Uke → ShD (90 Grad): Chudan Oizuki (3x) ☺ →  
 ShD: (45 Grad):Harai Otoshi Uke → ShD (90 Grad): Chudan Oizuki →  
 ShD: (45 Grad):Harai Otoshi Uke

### TAIKYOKU KAKE-UKE ICHI:

SD: Kake Uke → ZkD: (Kombination) Mae Geri / Age Empi Uchi →  
 SD: Kake Uke → ZkD: (Kombination) Mae Geri / Age Empi Uchi →  
 SD: Kake Uke → ZkD: (Kombination) Mae Geri / Age Empi Uchi (3x) ☺ →  
 SD: Kake Uke → ZkD: (Kombination) Mae Geri / Age Empi Uchi →  
 SD: Kake Uke → ZkD: (Kombination) Mae Geri / Age Empi Uchi →  
 SD: Kake Uke → ZkD: (Kombination) Mae Geri / Age Empi Uchi (3x) ☺ →  
 SD: Kake Uke → ZkD: (Kombination) Mae Geri / Age Empi Uchi →  
 SD: Kake Uke

### TAIKYOKU KAKE-UKE NI:

NaD: Kake Uke (3x / zurück-vor-zurück\*) → ZkD: (Kombination) Mae Geri / Age Empi Uchi →  
 NaD: Kake Uke (3x / zurück-vor-zurück\*) → ZkD: (Kombination) Mae Geri / Age Empi Uchi →  
 NaD: Kake Uke (3x / zurück-vor-zurück\*) → ZkD: (Kombination) Mae Geri / Age Empi Uchi (3x) ☺ →  
 NaD: Kake Uke (3x / zurück-vor-zurück\*) → ZkD: (Kombination) Mae Geri / Age Empi Uchi →  
 NaD: Kake Uke (3x / zurück-vor-zurück\*) → ZkD: (Kombination) Mae Geri / Age Empi Uchi →  
 NaD: Kake Uke (3x / zurück-vor-zurück\*) → ZkD: (Kombination) Mae Geri / Age Empi Uchi (3x) ☺ →  
 NaD: Kake Uke (3x / zurück-vor-zurück\*) → ZkD: (Kombination) Mae Geri / Age Empi Uchi →  
 NaD: Kake Uke (3x / zurück-vor-zurück\*)

\* Bewegung ähnlich wie bei Gekisai Dai Ni, nur im NaD

### TAIKYOKU MAWASHI UKE-ICHI:

SD: Mawashi Uke → ShD (45 Grad)(Kombination) Mae Empi Uchi/Uraken Uchi/Tetsui Uchi/Gyaku Zuki →  
 SD: Mawashi Uke → ShD (45 Grad)(Kombination) Mae Empi Uchi/Uraken Uchi/Tetsui Uchi/Gyaku Zuki →  
 SD: Mawashi Uke → ShD (45 Grad)(Kombination) Mae Empi Uchi/Uraken Uchi/Tetsui Uchi/Gyaku Zuki (3x) ☺ →  
 SD: Mawashi Uke → ShD (45 Grad)(Kombination) Mae Empi Uchi/Uraken Uchi/Tetsui Uchi/Gyaku Zuki →  
 SD: Mawashi Uke → ShD (45 Grad)(Kombination) Mae Empi Uchi/Uraken Uchi/Tetsui Uchi/Gyaku Zuki →  
 SD: Mawashi Uke → ShD (45 Grad)(Kombination) Mae Empi Uchi/Uraken Uchi/Tetsui Uchi/Gyaku Zuki (3x) ☺ →  
 SD: Mawashi Uke → ShD (45 Grad)(Kombination) Mae Empi Uchi/Uraken Uchi/Tetsui Uchi/Gyaku Zuki →  
 SD: Mawashi Uke

### TAIKYOKU MAWASHI-UKE NI:

NaD: Mawashi Uke (3x\*\*) → ShD (45 Grad:) Mae Empi Uchi/Uraken Uchi/Tetsui Uchi/Gyaku Zuki →  
 NaD: Mawashi Uke (3x\*\*) → ShD (45 Grad:) Mae Empi Uchi/Uraken Uchi/Tetsui Uchi/Gyaku Zuki →  
 NaD: Mawashi Uke (3x\*\*) → ShD (45 Grad:) Mae Empi Uchi/Uraken Uchi/Tetsui Uchi/Gyaku Zuki (3x) ☺ →  
 NaD: Mawashi Uke (3x\*\*) → ShD (45 Grad:) Mae Empi Uchi/Uraken Uchi/Tetsui Uchi/Gyaku Zuki →  
 NaD: Mawashi Uke (3x\*\*) → ShD (45 Grad:) Mae Empi Uchi/Uraken Uchi/Tetsui Uchi/Gyaku Zuki →  
 NaD: Mawashi Uke (3x\*\*) → ShD (45 Grad:) Mae Empi Uchi/Uraken Uchi/Tetsui Uchi/Gyaku Zuki (3x) ☺ →  
 NaD: Mawashi Uke (3x\*\*) → ShD (45 Grad:) Mae Empi Uchi/Uraken Uchi/Tetsui Uchi/Gyaku Zuki →  
 NaD: Mawashi Uke (3x\*\*)

\*\* Bewegung ähnlich wie bei Taikyoku Kake-Uke Ni

Erhard Kell



# TAIKYOKU - KATA

Das EMBUSEN wird bei dieser Technik-Auflistung als bekannt vorausgesetzt – die Wendungen und die Winkel der Richtungsänderungen werden hier nicht beschrieben!  
KIAI jeweils bei der dritten Technik der „Dreier-Länge“

## SHOTOKAN - RYU

ZkD = Zenkutsu-Dachi

KkD = Kokutsu-Dachi

☺ = Kiai

### TAIKYOKU SHODAN:

ZkD: Gedan Barai → ZkD: Chudan Oizuki →  
ZkD: Gedan Barai → ZkD: Chudan Oizuki →  
ZkD: Gedan Barai → ZkD: Chudan Oizuki (3x) ☺ →  
ZkD: Gedan Barai → ZkD: Chudan Oizuki →  
ZkD: Gedan Barai → ZkD: Chudan Oizuki →  
ZkD: Gedan Barai → ZkD: Chudan Oizuki (3x) ☺ →  
ZkD: Gedan Barai → ZkD: Chudan Oizuki →  
ZkD: Gedan Barai → ZkD: Chudan Oizuki →



### TAIKYOKU NIDAN:

ZkD: Gedan Barai → ZkD: Jodan Oizuki →  
ZkD: Gedan Barai → ZkD: Jodan Oizuki →  
ZkD: Gedan Barai → ZkD: Jodan Oizuki (3x) ☺ →  
ZkD: Gedan Barai → ZkD: Jodan Oizuki →  
ZkD: Gedan Barai → ZkD: Jodan Oizuki →  
ZkD: Gedan Barai → ZkD: Jodan Oizuki (3x) ☺ →  
ZkD: Gedan Barai → ZkD: Jodan Oizuki →  
ZkD: Gedan Barai → ZkD: Jodan Oizuki →

### TAIKYOKU SANDAN:

KkD: Chudan Uchi Uke → ZkD: Chudan Oizuki →  
KkD: Chudan Uchi Uke → ZkD: Chudan Oizuki →  
ZkD: Gedan Barai → ZkD: Jodan Oizuki (3x) ☺ →  
KkD: Chudan Uchi Uke → ZkD: Chudan Oizuki →  
KkD: Chudan Uchi Uke → ZkD: Chudan Oizuki →  
ZkD: Gedan Barai → ZkD: Jodan Oizuki (3x) ☺ →  
KkD: Chudan Uchi Uke → ZkD: Chudan Oizuki →  
KkD: Chudan Uchi Uke → ZkD: Chudan Oizuki →